Breakfast

All eggs are Clarence Court Burford Brown Organic Eggs

Bowls Grains Bread	**Rose Bircher Muesli**, pomegranate & pistachio **Toast** Butter & Jam (sourdough, granary, white)	**Granola**, Greek yogurt & berries compote **Porridge**, mixes seeds & date syrup (*VEGAN– Use alternative milk)*
Mashed Avocado on Sourdough	**Smoked salmon**, poached eggs, tomato, spinach & feta **Haloumi**, red peppers, mint & sumac Add Feta Optional Extra **Poached eggs**, Feta & Cherry Tomato	**Bacon**, poached eggs, & Chilli Add Feta Optional Extra **Rocket & Barberries *VEGAN*** Add Feta Optional Extra
Benedict All topped with Hollandaise sauce	**Royal Special**– spinach, tomato, smoked salmon on sourdough **Eggs Benedict** - ham or bacon	**Eggs Florentine** - spinach & tomato **Eggs Royale** – smoked salmon
English All served with Sourdough, granary or white buttered toast	**Full English**- fried eggs, bacon, sausage, beans, tomato, mushroom & toast **Smoked Salmon** & Scrambled Eggs **Egg & toast** (poached, fried or scrambled)	**Full Veggie** – scrambled eggs, veggie sausage, beans, mushroom, tomato, spinach & toast **Morning Rasher** – scrambled eggs & bacon
Cooked	**Shakshuka** with sourdough Add Feta Optional Extra *(**VEGAN** swap eggs for mushroom)*	**Sweet Potato Rösti** & Poached eggs with harissa yogurt, barberries & rocket
American Pancakes	**Plain** with maple syrup **Mixed berries** compote & Banana	**Bacon** & maple syrup
Extras	Spinach, tomato, mushroom, beans egg, cheese, ham	Sausage, bacon Avocado Chicken, Parma Ham, Halloumi Smoked Salmon

Drinks

Hot Drinks	Latte, Cappuccino, Flat white Americano, Cortado Chai Latte, Mocha, Hot Chocolate, London Tea	Espresso/Macchiato; Single Double Matcha Latte, Rose & Beet Latte, Turmeric & Cinnamon Latte *(all with coconut milk*)
	TEA - English Breakfast, Earl Grey, Camomile, Moroccan Mint, Jasmin Green	Persian Rose, , Spiced Apple Chai Fresh Mint Tea, Lemon Tea, Lemon & Ginger
Cold Drinks	**Fresh Juice** Apple / Carrot / Orange Carrot, Apple & Ginger Celery, Kale, Apple, Cucumber, Ginger Pear, Apple, Cucumber & Mint Beetroot, Apple & Ginger Orange, Carrot & Lime Grapefruit, Ginger, Apple	**Smoothies** **Pash N Shoot**, Passion Fruit, Mango & Pineapple **Berry Go Round,** Raspberry, Blackberry, Strawberry **Avo Go-Go**, Avocado, Mango, Spinach, Broccoli, Coconut, Ginger, Lime **Strawberry Split**, Strawberry & Banana **Frappe**- Cafe, Chocolate, Mocha **Homemade Lemonade** Coke, Diet Coke, Still or Sparkling Water San Pellegrino- Lemon/Orange/Blood Orange Kid's Juice
Mocktails	**Avocado**, Banana, Coconut Milk, Honey Mint & Lemon Granita Raspberry Pina Colada	

Main

Salads

Moroccan Sweet Potato, Chickpeas & Feta Salad with pomegranate, coriander, parley, onion & mixed seeds

Haloumi & Roasted Red Pepper Salad with grilled aubergine, apple, mint and pomegranate

Ticolore- Mozzarella, beef tomato & avocado served with rocket salad & ciabatta strips

Grilled Aubergine with Lamb Meatballs with saffron yogurt, topped with barberries, almond & pistachio served with rocket and pomegranate salad

Goat Cheese, Beetroot & Pumpkin with caramelised walnut

Marinated Chicken Salad with pomegranate, beetroot & sesame seed -- *Add Bacon & Avocado Optional Extra*

Sandwiches

Choose from:
Ciabatta
Granary
White
Sourdough

Persian Chicken Wrap with mayo, gherkins, tomato, onion & parsley

Goat Cheese & Caramelised Onion with tomato & rocket

Sweet Potato, Chickpeas Wrap with curried lemony tahini, tomato, onion & parsley ***VEGAN***

Chicken Escalope with red pepper mayo & tomato
Add Ham & Cheese Optional Extra

Smoked Salmon & Cream Cheese Bagel with onions & capers

Grilled Vegetable, Pesto & Rocket

Ultimate Med, grilled veg, mozzarella, sun dried tomato with pesto and rocket

Persian Lamb Meatballs Wrap with crispy onions, tomato, onion and parsley

Brie, Avocado, Pear & Caramelised Walnut open sourdough sandwich

Avocado, Spinach, Humus & Pomegranate Wrap with sesame seeds ***VEGAN***

Chicken, Bacon, Avocado with Mayo

Parma Ham, Mozzarella & Sun Dried Tomato with rocket & Pesto

Chicken & Haloumi with pesto & tomato

Tuna Mayo **Tuna Melt**

Pasta

All pastas are topped with grated parmesan

Tomato & Basil Penne with basil pesto

Spaghetti Bolognese- Traditional meat sauce

Chicken Milanese & Spaghetti Pomodoro

Penne Romana penne with creamy pesto & cherry tomato sauce, topped with rocket & parmesan
Add Chicken Goujons

Basil Pesto Penne & Mushroom

Jacket Potato

Jacket Potato with one filling & Salad
Cheddar, Tuna Mayo, Plain Tuna, Sweet Corn, Avocado, Grilled Veg, Haloumi, Bacon, Ham, Chicken Mayo, Beans, Cream Cheese

Extras
Each item
Avocado
Chicken, Parma Ham, Haloumi
Smoked Salmon

Alcoholic Drinks

Red Wine, Malbec, Shiraz, Riojo, Merlot 187ml

Prosecco, Vino Spumante, Canti–200ml

White Wine, Pinot Grigio – 187ml

Rose – 187ml

Peroni

A service Charge of 12.5% is added to bill for tables 7 people and above